

Educate. Empower. Inspire.

High Rocks programs are provided through the support of grants, private donations, and the community we serve. We do not charge for our programs. We are focused on making our communities stronger, richer, more vibrant places to live.



High Rocks is an award-winning leadership program that has been creating opportunities for transformative education and service learning for more than 20 years.

Our other programs include:

High Rocks Academy for Girls: Summer Camps, Tutoring and Enrichment, College Prep, Service Projects, Educational Trips, Mentoring, Leadership Development

High Rocks Community Programs: Service Projects, Youth Centers, School Partnerships, Grow Appalachia, Song Schools, Educational Trips

High Rocks Teaching Project: Internships, College Break Service Learning, AmeriCorps Projects, Professional Development and Consulting

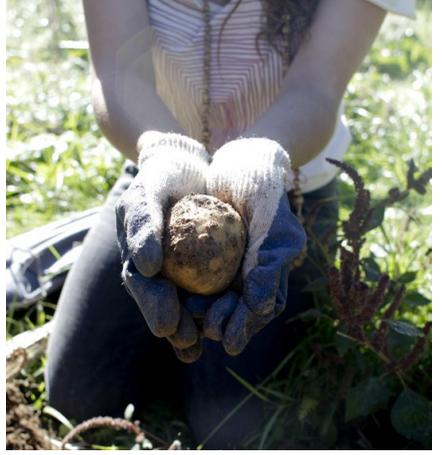
Contact us:

growappalachia@highrocks.org | 304.653.4891

highrocks.org/programs/in-our-communities/grow-appalachia/



High Rocks
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Hillsboro, WV 24946

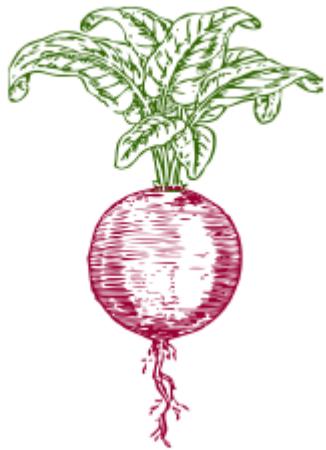


Resources and Support for Family and Community Gardens

“Planting the seeds for a sustainable future.”



High Rocks is looking for families and individuals who are excited about gardening and want to be part of a project to increase production and the quality of their produce.



Grow Appalachia is dedicated to helping mountain families plant a healthy future for themselves and their communities by:

- ◆ Providing them with skills and resources to grow sustainable, nutritious food.
- ◆ Teaching them how to prepare and preserve food in a healthy way.
- ◆ Empowering them to share their knowledge in the community.
- ◆ Developing local farmers' markets to sell surplus food.

Gardeners will attend **six required informative workshops** and in return will receive tools, seeds, plants, fertilizer, mulch, canning supplies, irrigation and fencing supplies, and tilling assistance as grant funding allows.

Grow Appalachia is a one year commitment. The program begins mid-January with a required Garden Planning Workshop. Email growappalachia@highrocks.org or call **304.653.4891** to register.



Grow Appalachia is an outreach education and service project of Berea College. It is funded by the generosity of John Paul Dejoria, co-founder and CEO of John Paul Mitchell Systems, Inc.

For more information on Grow Appalachia visit www.growappalachia.berea.edu/