Folk Arts and Culture Workshop Series

Instructional Classes with Hands-On Learning - Fun for ALL ages!

NO COST TO ATTEND!



WINE CAP MUSHROOMS - MAKING A LOW MAINTENECE BED



OCTOBER 17TH, 10 AM @ 123 ELM STREET, HILLSBORO, WV 24946

Make a low maintenance mushroom bed, learn how to care for it, leave with supplies to recreate it at home. We will also provide recepies to make dishes with them!



APPLE BUTTER, THE OLD FASHIONED WAY

NOVEMBER 21, 10 AM @ HIGH ROCKS LODGE (195 THOMPSON RD., HILLSBORO, WV 24946

Make apple butter from scratch, in a kettle, over an open fire. Each person or family will take home a jar of the apple butter, and some resources for different ways to make it at home.





HOW THE SAUSAGE IS MADE - COOKING FROM SCRATCH



DECEMBER 12TH , 10 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Learn about different cuts of meat, how to make sausage from scratch, different seasoning blends, etc. Each person takes home some fresh sausage as well as recipes for making it at home.



SHIITAKE MUSHROOM LOGS - INOCULATION TO HARVEST

JANUARY 16TH , 10 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Learn about selecting proper trees, innoculating them with mushroom spawn, care of logs, harvesting, and some recipies to make delicious meals with them. Each particpant takes home a log.





SOURDOUGH BREAD - COOKING FROM SCRATCH



JANUARY 30TH , 10 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Learn how to create and maintain a starter. Learn about using it to make bread from scratch, explore different recipes and inclusions. You will leave with some starter, recipes, and fresh baked bread!



BACKYARD MAPLE SYRUP MAKING

FEBRUARY 20TH , 10 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Learn how to make maple syrup on a small scale, leave with a new skill and a kit to do it at home!





APPLE TREE GRAFTING



MARCH 6TH , 10 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Learn about different grafts and their techniques. Learn about grafted tree care, planting, and maintenance. Each participant will leave with a new skill and a potted apple tree.

MAPLE DONUTS - COOKING FROM SCRATCH



MARCH 20TH , 10AM @ 123 ELM STREET, HILLSBORO, WV 24946

Make doughnuts (donuts) from scratch, fry them, ice them, and eat them with us. We will also serve fresh coffee and you will leave with a recipe to recreate at home.





APPALACHIAN KETTLE CHILI - COOKING FROM SCRATCH



APRIL 17TH , 11 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Make Appalachian-style chili from scratch and cook it over an open fire, enjoy it with a side of cornbread with us! You will leave with a great recipe that you can recreate at home!

CAMPFIRE COOKIN'



MAY 15TH , 11 AM @ HIGH ROCKS LODGE (195 THOMPSON RD.)

Explore different recipes that can be made over a campfire, and make and eat lunch with us in the great outdoors!



Presented in partnership with Berea College with grant support from the Pocahontas County Convention and Visitors Bureau,
(304) 799-INFO (4636), 301 8th St., Marlinton, WV 24954
highrocks.org 304-653-4891 195 Thompson Rd. Hillsboro, WV 24946 ;
Follow the High Rocks Ruby Grow Facebook Page for photos and updates!

Register for any/all of the workshops here: